



*The Mankind Project
Presents*

HEART STORM

The MKP Pulse of New Mexico

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NEWS FROM THE DIRECTOR

We are an order of Men, called to reclaim the Sacred masculine, For our time, through initiation, training and action in the World.

So goes the mission of the Mankind Project International.

Recently, on a phone bridge between men from around the state a final decision was made to hold a winter training. Men put forward their energy, time and money to make this milestone happen. We have been hoping for some time to see our community grow to host three trainings a year, and now we are finally there. We now have point people to decide upon a site, coordinate the weekend, book a leader, and help defray the costs. I give thanks to all those men who have passionately stepped forward to make this dream a reality.

The next step is to fill the training. As we work towards the January 24th date, let's start having conversations **now** with men we think would value this work and who are ready. As we move through the coming holidays, it will be a good time for deep, heartfelt conversations with men about this work.

What are we inviting men into? What are the features that make up a vibrant community? It

Check In

Greetings New Warrior Brothers!

I am excited about having not one, but two New Warrior affiliated trainings come to Las Cruces in the coming month. Our community down in the southern part of the state has been continuing to grow and prosper.

I would like to hear how things are going in other communities in New Mexico and in Durango, your successes and failures, wins and losses. I believe this would bring us closer together as a New Mexico/Southern Colorado community.

This newsletter should be available on the website as of this posting, and recent issues should be available soon.

Thank you to all who have contributed your hearts, minds, and souls for others in New Mexico to read. Please keep sending your works of writing or artwork to:

food4thoth@yahoo.com or
Victor Gibbs (Phoenix Rising)
1435 Rayos de Luna
Las Cruces, NM 88007

has been over two years since we gathered to discuss what our community's vision and mission is here in New Mexico.

As the year advances to a close, how do you assess the past year and what would you like to see in the future? What are you willing to do to make it happen? I feel a vibrant community comes from more than weekly I-groups and putting on NWTAs. Some examples are: Las Cruces holding an I-group meeting out in the desert, hosting a workshop called "Issues and Ism's" in November, and their Woman Within E-circle hosting Marlene Nappa's "The Child Within Calls Out" (both are co-ed); Taos holds monthly sweat lodges, and had 22 men show up for last week's I-group. What excites and attracts you to be involved with? How can I support your vision of a vibrant community?

Just to get your juices flowing, here are some ideas for building a vibrant community:

1. A juicy community chat list--all this takes is some dynamic conversations to get started up and discussed. How do you bring your initiated, integrated warrior to work? Do clearings work with your partner? How has your relationship with your family of origin improved since your initiation? What is the most important boundary you have set this past year?
2. Community social gatherings--quarterly or monthly dinners, at a brother's house or a favorite restaurant; outdoor recreation or games with your I-group; rent a cabin for a weekend.
3. Invite men from another I-group to yours, or ask to visit another group.
4. Invite someone with a special skill to come and give your I-group a workshop, such as dream work, the Power of Now (talk with Ken Reid), the Work of Byron Katie (talk with Stephan Landau), Shamanic journeying (talk with Jim Lengerich), Non-Violent Communication (talk with Jack Lehman), Attunement with Life

(talk to David Coleman), Cliff Barry's Shadow work (talk with Dan Raker or Jan Unna), or Natural Health and Nutrition (with Mitchell Kershner).

5. Help start an activities committee. Stan Eads will be instigating quarterly statewide gatherings around this soon.
6. Bring a week #9 Action in the World discussion to your I-group. Discuss, choose and carry out a community service project.
7. Define a mission for your I-group. As with your own mission, it gives you a focal point to continually question yourselves whether you are on track, moving in the direction you wish to go.
8. Have a garage sale and raise some money for your I-group as Olin Calk has done in Las Cruces.

Take a look at your own mission--is it serving you? Are you creating in your life that which your heart seeks? Do you need assistance refining or re-defining your mission? Lead your I-group in a mission workshop for an evening. I can send you a protocol for doing this. Do you have the time you need to carry out these ideas? If you don't, why? Are you too busy making money to spend doing things that don't serve your mission? Why are you tolerating or choosing that? Are you challenged and rewarded in your I-group? Are you speaking your truth and challenging others in your I-group? Where do you want to be in a year; five years?

I look forward to your participation.

You gain strength, experience and confidence by every experience where you really stop to look fear in the face. You must do the thing you cannot do.
--Eleanor Roosevelt

Janus and the Elders

by Kirby Benson, MKPI Elder Chairman

What does the Roman god Janus have in common with the Elders of The ManKind Project? Furthermore, why even consider this connection? For some unexplained reason, Janus, and what he represented in the Roman pantheon of gods and goddesses, has intrigued me for many years. It has been only in the past few years, as I began my journey into Eldering within The ManKind Project, that some clarity of his archetypal significance has been revealed.

Janus is depicted as a two-faced god as he looks in opposite directions. Visualize, for a moment, the image of two faces or masks back to back, and you will get some idea of how he appeared. It was common for this configuration to be installed on gateways and doorways in the ancient Roman Empire. According to one source, Janus eventually became "the god of all going out and coming in to whom all places and entrance and passage, all doors and gates, were holy." The month of January is named after this god. At times he was depicted as carrying two keys, one silver and one gold to unlock the seasonal gates of the winter and summer solstices. As we contemplate this concept of Janus, it becomes possible to begin to understand that here indeed, is the interplay and connection of opposites or polarities.

There are three aspects to consider with Janus and his archetypal energies: the past, the present and the future. It is here that the polarity of the past and the future become fused into the present moment that we cannot actually experience cognitively because as we pause to consider it, it has already gone. And locked within this concept is one of the great mysteries of all life - that everything occurs within a simultaneous moment. We have our memory of the past and we have our beliefs about the future. It is the fusion and balance of these two that opens the third way or path to spiritual awareness. We continually strive to balance many dualities within our lives in order to find the truth about reality.

The ManKind project has created a place for men who have lived many years, that is, five decades or more. Looking back to the past it was seen that indigenous peoples found a revered place for those who carried many years of living. They called them 'elders' and utilized their wisdom and the collective awareness that comes only from the pain and joy of experience. The ManKind Project Elders are men who have lived within those two faces of Janus and the archetypal play of opposites he brings forth from within each of us. As men who have sought union through the Lover, fought the battles of the young Warrior, and carried the Magician energy as they maneuvered the developmental stages of life, they now can stand behind the King to advise, guide and protect the realm. In one sense, Janus permeates everything we do and experience within this duality we call life or reality. However, it is the Elder that has the responsibility to find and demonstrate the third way, the interface between the two faces of man - the place within us where opposites truly blend and unify into a greater awareness and understanding of the spiritual nature of all things. Janus is depicted as the gatekeeper, the one who protects the comings and goings of those who move from one dimension of awareness to another. It is the Elders within The ManKind Project that have the responsibility of 'holding' the leadership and the citizens of this realm.

In another sense, Janus can be seen as looking within and without with his two faces. This is the point of Elder balance, the fully functional life of mature masculine awareness. If we become overly connected to either one there is the risk of becoming unbalanced in our interactions with others and ourselves. With over emphasis on the 'within' we disconnect from external reality and the requirement to become involved with meeting the common demands and needs of life. Too much emphasis on the 'without' and there is the danger of becoming overly concrete and unavailable in the psychic and energetic feeling sense. Again, it is the Elder that is consigned to demonstrate a healthy balance between these two faces of reality that others may emulate and follow.

Another aspect of Janus that has significance for The ManKind Project is his stature as the god of beginnings. Again, the power of Janus as the gatekeeper, the one who looks ahead and back is seen in his role as the overriding force as we move through the various gates and doorways of our lives, often leaving an old or habitual way of living for a new and challenging one. Trevor Stewart maintains that according to Cicero the word Janus has the same root as the verb 'to initiate'. We have already gotten a hint of this from his standing as the caretaker of the old year to the new and his association with the month of January. It was the Elders in many of our older cultures that undertook the process of initiating the boys into manhood and a full tribal or cultural member. As we go about the commission of initiating men into a new way of thinking, being and doing it is not difficult, if we but pause a moment, to feel Janus moving through our lives.

A Call to Generosity

Carl Rosenberg

I am inviting you to consider becoming a member of MKP-New Mexico. This is an opportunity for you to look at your mission and ask yourself does it maintain the core values of integrity, accountability, and congruency we teach? There is a fourth core value that is important to add here, one of generosity. In order for a man to manifest his mission of service he must act from three levels of generosity: first, the spirit of generosity, in which his mind has conceived of his mission, and decided upon some course of action by which he can bring it into the real world, wherein he commits himself spiritually to this course; second, he must feel generosity in his soul, in the form of the desire to serve; and third, he must commit himself energetically, from and with whatever resource base he has to give, and these resources are the substance of his generosity.

Generosity begins simply. It begins with each of us asking ourselves, out of all the things we could do or say, what is the generous thing to do? What is the generous thing to say? It means being emotionally generous with our families

and the people around us. And only after a man has practiced thinking and feeling the truth about the power of generosity will he have a real understanding of his resources--what he can give, and what he can't.

Becoming a member of MKP-NM is a voluntary task. It is not required. You are already a part of the MKP community by having chosen to become

Initiated and hopefully continue to choose to participate in one of our many I groups. You are welcomed to visit any of the I groups, or as a staff man at any trainings, worldwide. By choosing to share your generosity financially with MKP-NM you become part of the foundation that sustains us and allows us to grow.

I am the director of a non-profit training and education company here in New Mexico. The weekend initiation trainings we hold are designed to be self-sustaining. That is they pay their own way, our goal is to break even financially. To sustain the statewide organization, to keep it vibrant And alive takes additional financial resources. That is where you come in. As you choose to send in a voluntary contribution, you are sending a message out to the world that you are to be known as a generous man. I want New Warriors to be known as men of integrity, accountability, congruency, and generosity. This is the community I wish to be in.

True generosity requires more of us than kindly impulse. Above all it requires imagination - the capacity to see people in all their perplexities and needs, and to know how to expend ourselves effectively for them.

--I.A.R. Wylie

**THE CHILD WITHIN
CALLS OUT
“GUIDE ME HOME”**

**LITTLE BOY/LITTLE GIRL
LOST
A ONE DAY WORKSHOP
FOR MEN AND WOMEN**

**PRESENTED BY: MARLENE
NAPPA, M.S.**

**Through dialogue and experiential exercises,
I invite you to:**

- Make a connection with your Inner Child, the one lost in the present
- Discover the relationship between your Inner Child's core belief system and your Adult's behavior
- Consider how 'living small' and 'acting out' weakens healthy adult relationships
- Uncover how repeating childhood conflicts affects the maturity of your life
- Learn the difference between 'expressing' a feeling and 'acting out' a feeling

MARLENE NAPPA is a workshop leader, personal coach and consultant. She has worked with thousands of individuals for the past twenty-three years conducting workshops and seminars. Marlene has a Masters in Psychology and is co-author and presenter of *Odyssey Into Woman, Your Mother's Pillow, Woman Within Leadership II, Healing the Wounds of Shame and Women Healing Incest*. She is a Crone for Woman Within International.

DATE: Saturday, November 1, 2003
TIME: 9:00 a.m. – 5:00 p.m.
SITE: Mastery in Life Center, Las Cruces, NM
COST: \$125.00 – meals not included
 There is a \$25.00 non refundable pre-registration fee due by Oct 15th.

For more information or to register contact:
 Marlene Nappa 713-686-8723
mnappa@earthlink.net

Jennifer Heath 505-522-9024 or
jenslp@zianet.com

Linda Mattox 505-523-6353 or
ljwrdancer@zianet.com

Isms & Issues Training In New Mexico

The 1-day workshop, **Isms & Issues**, offers tools, a model, a roadmap of the terrain, and a shared language for exploring, without blame or shame for myself or others, these knotty issues that bedevil our culture, our communities, and our relationships.

The Training Will be held in Las Cruces, NM

Saturday, November 22, 2003

Contact: Mark Whitehead

505 526 1942 (w)

505 527 0961 (h)

markw@lascruces.com

Cost \$150

I & I is open to [New Warrior Training Adventure](#) and [Woman Within graduates](#) and their partners.

Remember, this training is required for any man on leader track and may be required for senior staff in the future.

Come visit our beautiful little desert community. The weather here will be sunny and cool.

HEARTSTORM is published four times a year by the ManKind Project New Mexico. Submission of articles, poems, stories, artwork, book and movie reviews, events, and other MKP related materials are always welcome and encouraged.

Send to:

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